

## Books for Parents

Bloomquist, M. L. (1996). *Skills Training for Children with Behavior Disorders: A Parent and Therapist Guidebook*. New York: Guilford.

Canter, L. (1993). *Homework Without Tears: A Parent's Guide for Motivating Children to Do Homework and to Succeed in School*. New York: HarperCollins.

Clark, L. (1985). *SOS! Help for Parents*. Bowling Green, KY: Parents Press.

Coles, R. (1998). *The Moral Intelligence of Children: How to Raise a Moral Child*. New York: Dutton/Plume Publishing.

Declaire, J., and Gottman, J. M. (1997). *Raising an Emotionally Intelligent Child*. New York: Simon and Schuster.

Diamond, M., and Hopson, J. L. (1999). *Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence*. New York: Penguin.

Elias, M. J., Tobias, S. E., and Friedlander, B. S. (1998). *Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child*. New York: Harmony Books.

Faber, A., and Mazlish, E. (1998). *Siblings Without Rivalry*. New York: Avon Books.

Faber, A., and Mazlish, E. (1999). *How to Talk So Kids Will Listen and Listen So Kids Will Talk*. New York: Morrow/Avon Books.

Garbarino, J. (1999). *Raising Children in a Socially Toxic Environment*. San Francisco: Jossey-Bass.

Glenn, H. S., and Nelsen, J. (2000). *Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People*. Rocklin, CA: Prima Publishing.

Goleman, D. (2000). *Emotional Intelligence: Why It Can Matter More than IQ*. New York: D.G. Bantam Books.

Hall, D. C. (2001). *Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts*. Seattle: Montlake Family Press.

Kabat-Zinn, J. (1990). *Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness*. New York: Dell Publishing.

Kabat-Zinn, M., and Kabat-Zinn, J. (2000). *Everyday Blessings: The Inner Work of Mindful Parenting*. Collingdale, PA: Diane Publishing.

- Kurcinka, M. S. (1998). *Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic*. New York: Harper.
- Lowe, P. C. (1993). *CarePooling: How to Get the Help You Need to Care for the Ones You Love*. San Francisco: Berrett-Koehler.
- McKay, M., Fanning, P., Paleg, K., and Landis, D. (1997). *When Anger Hurts Your Kids: A Parent's Guide*. Oakland, CA: New Harbinger Publications.
- Phelan, T. W. (1996). *1-2-3 Magic: Effective Discipline for Children 2–12*. Carol Stream, IL: Child Management.
- Pipher, M. (1999). *The Shelter of Each Other: Rebuilding Our Families*. New York: Ballantine.
- Samalin, N., and Whitney, C. (1992). *Love and Anger: The Parental Dilemma*. New York: Viking Penguin.
- Saunders, C. S. (1999). *Safe at School: Awareness and Action for Parents of Kids Grades K–12*. New York: St. Martin's Press.
- Seligman, M. E. P. (1996). *The Optimistic Child*. New York: Harper.
- Shure, M. (1996). *Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts and Get Along with Others*. New York: Henry Holt.
- Turecki, S., and Tonner, L. (2000). *The Difficult Child*. New York: Bantam Doubleday Dell Publishing.
- Webster-Stratton, C. (1992). *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3–8*. Toronto: Umbrella Press.
- Visit the Committee for Children Web site at [www.cfchildren.org](http://www.cfchildren.org) for an up-to-date list. You may wish to include titles from this list in a letter to parents.