

September 2011  
Intermediate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<u>Menu Key</u>  (P)=Pork (V)= Meatless (WG)=Whole Grain Rich		1  Baked Spaghetti OR Chef's Choice	2  French Bread Pizza (V) OR Chef's Choice
<b>WEEK 2</b>  No School  Labor Day	5  6  Deli Ham & Cheese on Bun OR Chef's Choice	7  Chicken Filet on WG Bun OR Chef's Choice	8  Taco Nacho OR Chef's choice	9  Fish Sandwich OR Chef's Choice
<b>WEEK 3</b>  Corndog OR Chef's Choice	12  13  Chicken Nuggets Whole Grain Dinner Roll OR Chef's Choice	14  Sausage Pizza OR Chef's Choice	15  Baked Rotini Whole Grain Roll OR Chef's Choice	16  Bean & Cheese Burrito (V) OR Chef's Choice
<b>WEEK 4</b>  Hot Dog on Bun OR Chef's Choice	19  20  Soft Shell Taco OR Chef's Choice	21  Hamburger on Whole Grain Bun OR Chef's Choice	22  Chicken Filet on WG Bun OR Chef's Choice Dessert	23  French Bread Pizza (V) OR Chef's Choice
<b>WEEK 5</b>  Mini Corndogs OR Chef's Choice	26  27  Beef Rib on WG Bun OR Chef's Choice	28  Ham & Cheese Sandwich OR Chef's Choice Dessert	29  Chicken Nuggets Whole Grain Dinner Roll OR Chef's Choice	30  Buckaroo Bean Dip (V) w/ Chips Or Chef's Choice Cookie

- Chef's Choice
- Two or three alternate entrees are offered daily. An assortment of fruit & vegetable side dishes are available.
  - A meal = (1) entrée (meat & bread), 2 sides, and 1 milk